

## Day 18 of Rino Soriano's Holistic Health Challenge

Here are a link for cold brew coffee maker

[Click Here To View The Coffee Maker](#)

Here is the link for the Chicory Root Granules

<https://www.frontiercoop.com/frontier-roasted-chicory-root-granules>

### **Rino's Blingin Super Chinno - *Coffee For The Soul***

#### **Ingredients Required:**

2 tablespoons Organic Coffee  
2 Tablespoons Chicory Root Granules  
3 to 5 ounces Organic Half & Half Cream or to go dairy free use unsweetened coconut milk or rice milk  
1 Tablespoon of Raw Honey - get at farmers market or Whole Foods  
1 Tablespoon of Organic Coconut Oil - Coconut Secret Brand - get at Whole Foods

#### **Directions:**

Place the coffee and chicory root into your cold brew coffee maker or french pot or use a pot and then simply put the coffee and chicory root granules into pot and stir for a few minutes and then strain through cheese cloth.

Take your drink mixture and heat on medium heat until desired preference. Then place into your mug of choice and add the remaining ingredients and stir until well mixed together. Happy Rino Chinno! Your Soul Shall Thank You! :)

