

I Ching Systems



ANCIENT KNOWLEDGE FOR THE 21ST CENTURY



HEXAGRAM 57

Gentle Wind: the Penetrating Influence of the Sage

Hexagram 57 is the symbol of spiritual growth and transformation. Transformation involves moving through a four stage process for most people. Most people begin at Survival. This is the place where most of humanity lives. In Survival mode, we are operating out of behavior patterns that we developed as small children aimed at getting us what we needed to survive in our families. These patterns are mostly automatic and involve us trying to obtain approval or support from an overburdened parent. Survival behaviors often involve an attempt to prevent something from happening that has already happened.

The second stage, Recovery, involves the process of recovering from the hurts and wounds of childhood. These emotional wounds are a result of inadequate parenting and/or faulty educational practices. All children have a specific and unique set of mental, emotional and physical needs. When those needs are met, the child will conclude that he or she is wanted and will live his or her life from that position.

When those needs are not met, the child will come to the conclusion that he or she is unwanted and will live his or her life from that position. Unwanted children are forced into living from a survival or coping position. From this position, behavior patterns develop that are brought into adult life. These patterns are based on the past and not on current reality, so they tend to take the person into the same hurtful experiences over and over again until the patterns are resolved. The Recovery stage of transformation is about resolving enough survival patterns to be able to live in current reality.

The third stage of transformation involves fulfilling one's personal dreams. We all have wishes, hopes and dreams. Our dreams can include things like finding the right partner in life, owning a certain kind of home or car, having children, working at a certain kind of job. Our dreams might include having friends, traveling, or learning certain skills. Maybe we dream of having a garden or certain kinds of pets, or becoming a great cook. Whatever your dreams, transformation includes fulfilling enough of those dreams for the human personality to feel satisfied and complete. Dream Fulfillment might go on throughout your life. But enough dreams must be fulfilled to move on to the last stage.

The fourth stage of transformation involves shifting from a life driven by the human personality to a life driven by one's Spirit. This stage we call Surrender, the place where the human personality can relax enough to allow the Spirit to run one's life. The Spirit in each of us might also be called the Witness or the Presence. It is the one who was never born and the one who will never die. The Spirit is the one who is here to fulfill a Destiny. And in order to do that the Spirit must be in the driver's seat of one's life, with the human personality going along for the ride.

Hexagram 57 is the story of this transition. It is the story of how the Spirit gently and almost without notice moves into the driver's seat of one's life. It is called the Gentle Wind because the wind is always changing the landscape. Yet, rarely do we ever notice the impact that the wind has made. If you look at the trees along the east coast, for example, especially in places like Florida, you will notice they all bend away from the sea. The ocean breezes shape the landscape every day. And so it is with the Spirit in each of us. As more and more energy moves into the higher self, that higher self takes over one's life and the human personality goes along for the ride.

This transition is never violent or abrupt. It is always gradual and always gentle. Hexagram 57 is the story of this transition. The Hexagram 57 developed by I Ching Systems is an aid in that transition process. The six lines of Hexagram 57 sit in the center. Then various circles and lines are added to enhance those six lines. The circles and other shapes are filled with specific herbs and cell salts that are further enhanced by the colors of the circles and shapes.

In our opinion, this might be one of the most powerful transformational instruments we have been able to develop. The Hexagram 57 is, in a sense, a noise reduction instrument. All of us are filled with internal voices and messages from the past. These inner voices often reflect challenging times and contain inaccurate information. They can undermine our own self-acceptance and cause us to see ourselves as less than who or what we really are. These internal voices can cause us to come to inaccurate and distorted conclusions in our everyday reality.

Hexagram 57 is designed to support inner quiet. For some people that quiet may be very helpful in understanding themselves and the people around them. That quiet may be helpful in assessing the problems and needs of others as well as our own.

This Hexagram is not for everyone. One will probably find it most useful after using some of the other I Ching Systems balancing instruments for a year or more. It would also be helpful for a person to have obtained and used the basic, introductory Personal Hexagram as well. These are the Hexagrams that are printed and painted on a canvas and are based on a mathematical formula derived from a person's birth information.

There are two levels to the Hexagram 57. Most people will need to work with Level One for three or four months before going on to Level Two. And many people will feel very satisfied with the results of Level One and not feel the need for Level Two.

If you have any questions or need more information feel free to email jim@ichingtools.com or call me 401-864-1230.